



FIGHT FOR YOUR RIGHT

F.E.E.L. - Fostering European Education and Learning

Abstract

Informal Group F.E.E.L. is hosting a Youth Exchange, granted by Agenzia Nazionale Giovani and funded by Erasmus+ programme, from 23 to 30 of November 2017 in the province of Caserta - Italy, gathering 38 young people

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Information for participants

Dear participants, we are looking forward to starting the cooperation with you on 23th-30th November 2017 in the province of Caserta, Italy. On the following pages you will find some useful information about the exchange. Our time together is approaching soon!

As you might know from other Erasmus+ projects, we will use our time during the exchange for different activities that aim to motivate and make you eager to share your thoughts and experiences, delving into an experiential learning environment.

The group will consist of 38 participants (whereof 6 Group Leaders, 2 facilitators and 2 support staff), coming from Italy, Croatia, Czech Republic, Estonia, Poland, Sweden. This will enable you to meet different people and even to find partner organizations for your further activities within the framework of Erasmus+ programme, but remember that such contacts are the bonuses of the project, not the main content.

• Project summary

Europe is often described as the place where human rights are respected and protected, but every day we witness cases of their violation. This situation has been further exacerbated by economic and refugee crisis, which brought to changes in regulations that pushed human rights in the background, often leading to their violation. We noticed that many young people are unaware and unable to recognize human rights and to effectively participate to initiatives aimed at their promotion and protection. This is the reason why through this project we resolutely want to encourage you(th) to be the first supporter of human rights, in order to make them as the real base of Europe, starting from common values and having the chance to "Fight for your Right"!

Specific objectives of the project are:

- Increasing awareness of youth about the importance of respect and protection of human rights;
- Introducing young people to the ways in which they can take initiative in active citizenship;
- Promoting the fundamental values of European Union to create a Europe of equal opportunities for all its citizens;
- Improving competences of young people in order to support their personal and professional growth;
- Providing opportunities to build a network of international contacts in order to be more strongly engaged in the development of a sense of European citizenship and identity;



Through presentations, discussions, workshops, role plays, actions, participants will learn from each other what are the human rights, how to promote them and why they are a fundamental prerequisite for the creation of a Europe that can be for real united in diversity, without any stereotype and prejudice based on race, ethnicity, religion, sexual or political orientation, etc.

Moreover, by stimulating participants in actions towards active citizenship we will enable them to find solutions about how to engage and involve other young people to do the same, in order to have a direct impact on the creation of a better community and society.

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- **Hosting Organization**



F.E.E.L. – Fostering European Education and Learning is an informal group of young people active in youth work since December 2015. Despite its young age, the group has been founded by people with extensive experience in non-formal learning and Erasmus+.

As a group, we strongly support the dissemination of European citizenship and values at local, national and international level and all the programmes which include actions for youth mobility and a strong intercultural dimension, are the main fields of our activities. Indeed, we focus on spreading European culture and opportunities deriving from EU programmes, working in network with other local and international organizations to promote active and aware citizenship, non-formal methodologies and intercultural learning.

Here there are two recent projects where we've been partner:

European Values and Youth:



Training Course, Belgrade 29/10 – 05/11/2016

&

Seminar, Belgrade 12-18/03/2017

Youth Support Youth:



Training Course, Stara Kraśnica, Poland 30/08 – 07/09/2016

Fight for your Right was born in cooperation with **CET Platform Italy** and **CET Platform Croatia**, 2 branches of the international CET network, currently present in 12 Countries (you can see them in the picture below).

Its mission is to improve the level of competences and skills of young people and youth workers, as well as raising local, national and international relations and cooperation to increase quality of youth projects, sharing experiences and best practices. Its vision is to empower youngsters to shape the world they live and work in, enhancing creativity, innovation and entrepreneurship in order to support their personal and professional growth to contribute to the sustainable development of European society.



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• Participants' profile

- Young people and volunteers actively involved in their sending organizations;
- Young people at their first Erasmus+ project, motivated to attend an international experience and deepen their knowledge about human rights' and willing to be involved in active citizenship;
- 5 participants aged 18-25 and 1 Group Leader with no age restrictions from each country, with respect of gender balance;
- Priority to NEET (Not in Employment, Education and Training) people, youngsters coming from rural areas and those subject to discrimination because of gender, ethnicity, religion or sexual orientation. At least 1 participant from each country should be part of the categories of people with fewer opportunities

• The Venue – How to get there?

To reach the venue you must head to “**Sessa Aurunca-Roccamonfina**” train station. From there, we will pick you up, so it will be up to the group leaders to let us know the time of arrivals once all the participants buy their tickets.

To start your trip you can land either at Rome or Naples international airports. The closest solution is Naples, which is located around 70 km far away from Sessa Aurunca, while Rome is distant around 170 km. Below there are some useful information to organize your way to the venue:

N.B. Before arranging your trip you must keep carefully into consideration the time of arrival and departure of your flights. It is very important before buying your travel solutions to check timetable of the trains to/from Sessa Aurunca, because if you will miss the last train you will need to wait the next one on the following morning! So be careful and plan your trip accordingly

From Naples:



When landing at Naples international airport, you must take a bus to the main railway station (Garibaldi).

The bus is named “Alibus”, from “anm” company and you can take it outside the arrivals terminal. Just follow directions on the boards from the exit of the terminal to reach the bus stop. The ticket costs 4€ and you can do it onboard. It takes about 20 mins and it leaves every 15-20 minutes from 6:30 until 23:40. Here's the timetable <http://www.anm.it/images/stories/PDF/alibus/1.capodichino%202015.pdf>

To Sessa Aurunca:

From the main station of Naples you can take the regional train to Sessa Aurunca. It costs 5-6€ and takes about 1 hour. Trains are quite frequent (almost every hour from 4:00 to 20:45) and you can check on “Trenitalia” website to customize your search and buy your ticket: <http://www.trenitalia.com/tcom-en>.

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From Rome Ciampino:



From Ciampino international airport, you must take a bus to the main station (Roma Termini). There are several companies for this route: Terravision, Schiaffini, Cotral, etc. You can find buses outside the arrivals terminal and chose the best option; it depends on the company, but there should be buses every 15-20 minutes and the price is about 5€. You can also check the websites of the companies for more information and if you want to buy your ticket in advance; in Ciampino, you can buy the tickets inside the arrivals terminal or at the bus stop. The bus takes about 45 mins.

To Sessa Aurunca:

From Roma Termini, you can take the train to Sessa Aurunca. The ticket costs from around 9€, and it takes about 2 hours. Trains are quite frequent (almost every hour from 5:30 to 20:55) and you can check on “Trenitalia” website to customize your search and buy your ticket: <http://www.trenitalia.com/tcom-en>.

From Rome Fiumicino:



If you arrive at Fiumicino international airport, you can take either a bus or a train to the main station (Roma Termini).

To Roma Termini:

By bus:

- There are several companies for this route: Terravision, Schiaffini, Cotral, etc. You can find buses outside the airport and chose the best option; it depends on the company, but there should be buses every 15-20 minutes and the price is about 5€ (you can also check the websites for more information) and you can do the ticket at the bus stop. You can also check the websites of the companies for more information and if you want to buy your ticket in advance; in Fiumicino, you can buy the tickets outside the arrivals terminal. The bus takes about 50 mins.

By train:

- It is called “Leonardo Express”, it costs 14€ and leaves every 15 minutes from 6:23 to 23:23. It takes about 30 mins.
- You can also take a different train, heading to “Tiburtina” station. It is the regional train “FL1”, it costs 8€ and leaves every 15 minutes. It takes about 45 mins. From there, take the underground until “Termini” station (4 stops).

To Sessa Aurunca:

From Roma Termini, you can take the train to Sessa Aurunca. The ticket costs around 9€ and it takes about 2 hours. Trains are quite frequent (almost every hour from 5:30 to 20:55) and you can check on “Trenitalia” website to customize your search and buy your ticket: <http://www.trenitalia.com/tcom-en>.

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- **Timetable of activities**

Youth Exchange Fight for your Right	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
8:00 - 9:30		Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
10:00 - 13:30	ARRIVALS	Introduction to the project Getting to know each other	Introduction and History of Human Rights	Country Situation How to Raise awareness about Human Rights?	Active Citizenship Take Action, Participate!	Street Action - part 1	Erasmus+ presentation Project Drafting	DEPARTURES
13:30 - 14:30		Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	
15:30 - 19:00		Teambuilding activities	Human Rights and Minorities	Fighters for Human Rights	Preparation of street action	Street Action - part 2	Final Evaluation Storytelling	
19:00 - 19:30		Individual and Group Reflection	Individual and Group Reflection	Individual and Group Reflection	Individual and Group Reflection	Individual and Group Reflection	Delivery of <u>Youthpass</u>	
19:30 - 20:30		Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	
21:30 - 23:00	Icebreaking Welcome evening	Intercultural evening 1	Intercultural evening 2	Passion Evening	Movie Night	Free Evening	See you soon party	

The programme shown is a draft and it can be subject to changes, according to organizational needs. The activities can be modified also according to proposal of partners or participants during the exchange, as result from daily evaluation during reflection groups. We will do our best to guarantee you an unforgettable experience!!!

- **Venue**

Cascine e Dintorni, Viale dei Ciliegi - Casale di Carinola (CE). The hotel is just few kilometers away from the train station of Sessa Aurunca. You will be placed in shared room (triple or quadruple) with people from other nationalities. All the rooms are equipped with private bathroom, sheets and towels will be provided.

The facility overlooks the whole region of Campania, it has a wide external space with futsal field and nearby farm and it features restaurant-pizzeria, room for bowling and SPA. You can check the website of venue at the following link: <https://www.cascineedintorni.com/>.

You will be provided with three meals per day, plus 2 coffee breaks during the morning and the afternoon sessions (around 11:30 and 17:00 respectively). Since you will be hosted in Italy, meals will mainly be "Italian style", to let you properly discover and delve into Italian food tradition! So get ready to taste delicious pasta and sweet breakfast!



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- **Caserta and its province**

The Province of Caserta is located in Campania region of Italy. Caserta is the main city of the province and it's situated about 36 kilometres north of Naples. The province has an area of 2,639 square kilometres and a population of more than 900.000.

The province of Caserta covered the greatest expanse of territory around the 13th century when it extended from the Tyrrhenian Sea and the islands of Ponza and Ventotene to the Apennines and the southern end of the Roveto Valley. In the Kingdom of Naples and the Kingdom of the Two Sicilies, Caserta was one of the most important departments in southern Italy. The first capital of the region was the ancient city of Capua until 1818, then Caserta.



Caserta is an important agricultural, commercial and industrial municipality. It is located on the edge of the Campanian plain at the foot of the Campanian Subapennine mountain range.

Modern Caserta was established in Lombard times by Pando, Prince of Capua. The original population moved from Casertavecchia (former bishopric seat) to the current site in the 16th century.



The city and vicinity were the property of the Acquaviva family who, being pressed by huge debts, sold all the land to the royal family. The royal family then selected Caserta for the construction of their new palace which, being inland, was seen as more defensible than the previous palace fronting the Bay of Naples.

Royal Palace of Caserta

The Palace of Caserta is located close to the city, a royal residence constructed for the Bourbon kings of Naples. It was the largest palace and one of the largest buildings erected in Europe during the 18th century.

In 1997, the palace was designated UNESCO World Heritage Site, described in its nomination as "the swan song of the spectacular art of the Baroque, from which it adopted all the features needed to create the illusions of multidirectional space".

In terms of volume, the Royal Palace of Caserta is the largest royal residence in the world with over 2 million m³ and covers an area of about 47,000 m².



The construction of the palace was begun in 1752 for Charles VII of Naples, who worked closely with his architect, Luigi Vanvitelli.

In the end Charles VII he never slept a night at the Reggia, as he abdicated in 1759 to become King of Spain, and the project was carried to only partial completion for his third son and successor, Ferdinand IV of Naples.

The political and social model for Vanvitelli's palace was Versailles, which, though it is strikingly different in its variety and disposition, solves similar problems of assembling and providing for king, court and government in a massive building with the social structure of a small city.

The palace has 1,200 rooms, including two dozen state apartments, a large library, and a theatre modelled after the Teatro San Carlo of Naples. The palace has a rectangular plan, measuring 247 × 184 m. The four sides are connected by two orthogonal arms, forming four inner courts, each measuring more than 3,800 m².



Of all the royal residences inspired by the Palace of Versailles, the Reggia of Caserta is the one that bears the greatest resemblance to the original model. As at Versailles, a large aqueduct was required to bring water for the prodigious water displays. Like its French predecessor, the palace was intended to display the power and grandeur of an absolute Bourbon monarchy.



The garden, a typical example of the baroque extension of formal vistas, stretches for 120 ha, partly on hilly terrain. It is also inspired by the park of Versailles. The park starts from the back façade of the palace, flanking a long alley with artificial fountains and cascades. There is a botanical garden, called "The English Garden", in the upper part designed in the 1780s by Carlo Vanvitelli and John Graefer.

The fountains and cascades, each filling a "vasca" (basin), with architecture and hydraulics by Luigi Vanvitelli at intervals along a wide straight canal that runs to the horizon, rivalled those at Peterhof outside St. Petersburg.

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The Caserta Palace has been used as a filming location in a number of movie productions. In 1997 it served as a filming location for Star Wars when it was used as the setting for Queen Amidala's royal palace on Naboo in the 1999 film Star Wars Episode I: The Phantom Menace. It featured again in the 2002 film Star Wars Episode II: Attack of the Clones as Queen Jamilla's palace.

The same room was also used in Mission: Impossible III as Vatican City. In the film, a Lamborghini car is blown up in a square inside the palace. The main staircase is also used in Angels & Demons as the Vatican's staircase.



- **For the program – what to bring:**

- Materials to make a presentation about: your work, your organization, your interests or what you do
- Something interesting that you want to show/teach/share with the others
- Standard equipment: alarm clock, any dictionaries you might require, comfortable clothes, etc.
- Fresh ideas for future projects and cooperation
- Something from your country, to share with others and to stimulate the senses



In particular: bring some food and non-food items from your country but be aware that no kitchen facilities will be available (don't bring food that requires cooking). In order to share and present your Country/culture/community to other participants there will be intercultural evenings. On these evenings you are expected to create interactive and creative presentations with the main goal to fight prejudices and stereotypes. You can use: traditional food, drink, music, dresses, flags, brochures, short videos about your Country. You can also make quiz, performances and/or theatre sketches and on that way present tradition, customs, religion, language, dance and people from your country, just be active and creative!!!

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• **For the Reimbursement:**

To ensure the reimbursement of your travel costs, you are requested to arrange your journey by the most economical route and to make use, wherever possible, of any available reduced tariff (student fares, discount for young people, etc).

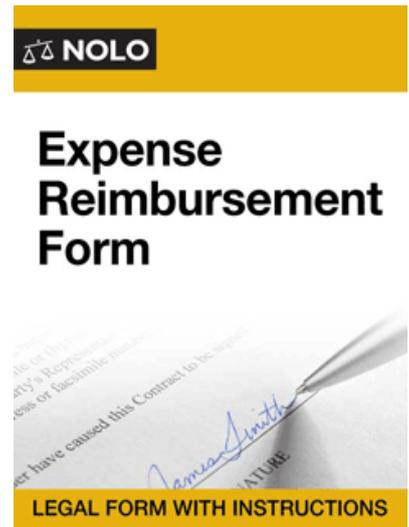
Mind that you need to be in Sessa Aurunca on the 23th of November and to leave on the 30th. There is no fixed time to arrive and leave on those days, so you can freely choose the best option. You can arrive 1-2 days earlier and leave 1-2 days later, but the budget doesn't cover food and accommodation, so you will need to pay your stay on your own for those days.

The travel costs within the budget limit of your Country (see below) will be reimbursed only if these 3 conditions are fulfilled:

- You gave all the ORIGINAL tickets to our organization. It's fundamental to bring the invoices or the travel confirmations where is clearly shown the price;
- You attended the full duration of the exchange;
- You submitted any report that our organization or EU requested;

In case the amount is written in your local currency, we will use the European commission calculator currency. Return tickets must all be provided by postal service once you come back home, unless you have the chance to provide them to us during the exchange itself (for instance, if you can make electronic tickets and online check in).

In case you'll be travelling by car, you have to keep track of all the payments you are subject to (invoices of fuel and toll), and properly fill in the mileage claim form that we will provide to you, with the indication of the following: dates of the travel, route and total km covered, name of the driver, license plate, dates of refueling, type, quantity and unitary cost of the fuel, total amount of the expense.



The budget limit per each participant is the following:

Croatia, Czech Republic, Poland and Sweden: 275€

Estonia: 360€

The above limit includes all the means of transportation for the round trip as specified in this section of the infopack. If you exceed the above budget, it will be up to you to cover the extra expenses, so try to buy your tickets as soon as possible, in order to avoid the increasing prices (of the flights mostly).

TAXI is not refundable, apart from some very rare cases where no other alternatives are possible, so do not consider it as an option while planning your trip.



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- **Health Insurance**

Please make sure that coming to the project you have a valid health insurance! For those who have European Health Insurance Card, bring it with you while for those who haven't, you can buy a travel insurance covering potential medical needs.

You can buy it while booking your flights, since companies usually give it as an option, or searching for an insurance online to cover the days of the exchange.

Your health insurance should make it eligible to have medical treatments abroad. This is absolutely a must to join the project.

Costs regarding Health Insurance can't be reimbursed by hosting organization.



- **Contacts and Facebook group**

In case of any question concerning the travel, the project, your preparation or any other matter, please do not hesitate to contact us at informal.group.feel@gmail.com

Find F.E.E.L. on Facebook page, where we'll share interesting posts, events, pictures and project opportunities: <https://www.facebook.com/FEEL-Fostering-European-Education-and-Learning-185402385151800/>

We invite you also to join the Facebook page of the project: <https://www.facebook.com/groups/915170848649269/> where we can start getting to know each other, familiarize with the topic and objectives of the exchange, and ask all the information you might need.

For urgent communication, you can also contact us by phone (WhatsApp too)

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